



## UPCOMING EVENTS

### **The Holiday Tea is almost here**

On Saturday, December 7<sup>th</sup> we will share our time honored tradition of tea together. Please join us at the George Town Club (1530 Wisconsin Avenue NW) from 3-5 PM. Tickets are \$36 per person. Please send checks to Devin Burke at 1111 North Pitt Street, Apartment 2A, Alexandria, VA 22314. Or sign up online on the website: <http://alumnae.smith.edu/smithcms/washingtondc/events/>.

Please bring school supplies for MLK. They are in need of copy paper, notebooks, notebook paper, pencils, tissues and hand sanitizer.

If you need to carpool from the metro or an alternate location, let us know. More information will be shared on our website, facebook page and on twitter, or you can contact Devin Burke for more information at [devinaburke@gmail.com](mailto:devinaburke@gmail.com) or (202) 258-8458.

## SCCW Facial Fundraiser

Only a few more weeks to expect smoother and more radiant skin with no down time! Through December 2013, Dr. Suzanne Doud Galli ('87) is hosting a fundraising event for the SCCW scholarship fund. Enjoy a glycolic peel while supporting Washington, DC area Smith students. The usual value of a glycolic peel is \$125 and the minimum donation is \$25. Gift certificates are available.

To make an appointment, please call one of the two the offices below that is most convenient for you. Dr. Doud Galli's DC office is conveniently located near the Foggy Bottom Metro stop. Street parking is available. Her Reston office is off Exit 11 on the Toll Road.

### Addresses of the two locations:

3 Washington Circle, NW, 401  
Washington, DC 20037  
202-828-8383

1860 Town Center Drive, Suite 260  
Reston, VA 20190  
703-787-0199



Your Smith College Real Estate Advisor. From the Quad to your new home (and everywhere in between) call Cheryl Kurss '76, for your next move! Direct dial: 202-895-7261 or [cheryl.kurss@longandfoster.com](mailto:cheryl.kurss@longandfoster.com). A portion of all sales will be donated to Smith College Alumnae

**BUY PECANS AND SUPPORT THE SCCW SCHOLARSHIP FUND**

Delicious Smith pecans are here! Each year, we raise almost \$6,000 for the SCCW Scholarship Fund from our pecan sale. This is our primary fundraiser for the year. Your purchases enable the SCCW to provide scholarship dollars to Washington-area students who attend Smith.

The price is \$10.00 for a pound of high quality extra large pecan halves, an excellent price compared to store prices. \$2.90 per pound is tax deductible.

The mouth-watering chocolate covered pecans are here. They make a perfect holiday hostess gift, if you can resist eating them yourself. The chocolate covered pecans are now \$8.00 for a 12 oz. bag (\$2.70 tax deductible). Thank you for your support!

**The stores listed below have again agreed to sell our pecans. Please support them.**

MacArthur Beverages	4877 MacArthur Blvd. NW	Washington, DC	202-338-1433
Morgan CARE Pharmacy	3001 P Street NW	Washington DC	202-337-4100
Bradley Food & Beverage	6906 Arlington Rd.	Bethesda, MD	301-654-6966
Brookville Market	7027 Brookville Rd.	Chevy Chase, MD	301-652-2793
Connell's Valet	148 Maple Ave.	Vienna, VA	703-255-9481
Twisters Salon	423 S. Washington St.	Alexandria, VA	703-836-4242

**These alumnae are storing pecans in their homes for your convenience. Email or call to place an order or mail the completed form below with a check payable to the SCCW Scholarship Fund to Caroline Carbaugh, 253 Inverness Lane, Fort Washington, MD 20744.**

DC

Joan Keenan	Capitol Hill	francis.keenan@verizon.net	202-544-4152
Mindy Kotler	Georgetown	mkotler@jiaponline.org	202-337-3515
Pru Lake	Far NW DC & Bethesda	prulake@gmail.com	202-966-0468
Cheryl Stadel-Bevans	L'Enfant Plaza/Capitol Hill	cstadel@alumnae.smith.edu	202-210-4993

MARYLAND

Anne Abend	Rockville	blanchea1@alumnae.smith.edu	301-468-0677
Caroline Carbaugh	Ft. Washington	<a href="mailto:caroline.carbaugh@alumnae.smith.edu">caroline.carbaugh@alumnae.smith.edu</a>	301-292-2102
Colette de Marneffe	Takoma Park	cdemarneffe@icloud.com	301-270-2711
McNeill Lystad	Bethesda	mcnlystad@hotmail.com	301-320-7188
Suzanne Laporte	Chevy Chase	<a href="mailto:sblaporte@comcast.net">sblaporte@comcast.net</a>	301- 656-2770
Alice Sweeney	Annapolis	awsweeney@aol.com	410-267-6377

VIRGINIA

Alisa Beyinson	Old Town Alexandria	alisa326@gmail.com	
Beth Spooner Shiflett	Alexandria/So. Fairfax Co.	Bethshiflett@gmail.com	703-765-1089.
Suzanne Mucchetti	Arlington	sdmucchetti@yahoo.com	703-532-8730
Jan Rubin	Burke	janrubin@alumnae.smith.edu	703-866-0192

PECAN ORDER FORM

No. of Pounds \_\_\_\_\_ @ \$10 per pound  
 No. of chocolate \_\_\_\_\_ @ \$8 per bag  
 Name \_\_\_\_\_ Phone (H): \_\_\_\_\_  
 Address \_\_\_\_\_ Phone (W): \_\_\_\_\_

Total price: \_\_\_\_\_

## DC Smithie Amelia Kegan Goes the Distance, Runs 100 Miles for Charity

On October 6, Amelia Kegan '05 completed the Oil Creek 100-mile ultramarathon in 31 hours and 20 minutes. A testament to the strong will and determination of Smithies, Amelia has proven herself a formidable athlete and also an advocate for the hungry. She dedicated this race to her employer and favorite cause, Bread for the World, a Christian grassroots anti-hunger advocacy organization. As our inaugural Smith alumna of the month, we have conducted a Q&A with her discussing her career, her running, and the ways Smith has shaped and inspired her.

**Q:** What have you been up to post-Smith?

**Kegan:** I spent a few years out west, where I attended law school at the University of Washington. Now I'm working at Bread for the World. We work to end hunger in the U.S. and around the world by changing federal policy. I get to spend a lot of time analyzing legislation, lobbying Congress and the administration, and working with our grassroots organizers.

**Q:** What got you interested in running marathons? Were you a member of any sports teams at Smith?

**Kegan:** I played a little Ultimate [Frisbee] my first year, but that was pretty much it. In law school, I ran my first half marathon. From there, I just kept increasing the distance, running the Marine Corps Marathon in 2009 and my first 50 mile ultramarathon last year. After completing each new distance, the next goal suddenly seemed achievable.

D.C. has a terrific running community, many of whom are Smithies and ultrarunners. Elyse Braner is an incredibly gifted runner and a fixture in the D.C. running community. Every time I see her, she's positive and encouraging, despite my slow pace. Betsy Nickle is another Smithie who runs ultras. She was so helpful in sharing advice and tips leading up to my first 100 miler since she completed the MMT 100 in May.

There's something special about going out for a long run. I try and focus on just enjoying the outdoors and the chance to run. Sometimes I'll get tired and want to stop or walk the rest of the way, but I can't. Learning to push through those moments has proven invaluable. The lessons and personal growth I've achieved through distance running have applied across all areas of my life.

In July, I attempted my first 100 miler in Vermont. I made it to mile 93. It's true what they say—we often learn the most from failure. At mile 85, I hit a real low. I was screaming and crying in my head. I just wanted to stop. It

was 4 am, and I had been running for 24 hours. I was so tired. But then the sun started to rise, and with the encouragement of my pacer, I broke through that wall and started running again. Unfortunately, I wasn't able to do that again when I hit another wall at mile 93. I was so weak. I could barely walk. I just wanted to collapse on the ground. I had three incredible friends who had made the drive up to Vermont to help pace me through the final 30 miles. To be so weak in front of them and to drop from the race was really tough. I had never not finished a race before. But that just solidified my drive and determination to finish the Oil Creek 100 a couple months later. I learned from Vermont, and Oil Creek was a very smooth race. This time, there were no walls or complications. I finished without too much trouble and had a wonderful experience.

**Q:** What is your Smith story? In what ways did it affect your life?

**Kegan:** Smith has had an enormous influence on my life. Whenever I get together with other Smithies, we often talk about ways we find ourselves more assertive in our jobs. I believe Smith gave me the confidence to put myself out there and take on opportunities for leadership.

Smith teaches you about hard work. As Smithies, we don't shrink away from a challenge. It's the challenge and the opportunity to overcome that challenge that I find so appealing in ultramarathons. I think all the all-nighters [during college] give me an advantage in the 100 mile races. Since I'm running for well over 24 hours straight, I just tell myself, "Hey, I'm used to this. It's like my days at Smith."

There is no doubt that I find myself in more leadership roles because of the skills I developed at Smith. Smith teaches us to raise our hand, step up to the plate, and be confident that we'll get the job done well.

Suzanne Kim Doud Galli, MD, PhD, FACS  
 (Smith '87)  
 Cosmetic Facial Surgery  
 Facial Rejuvenation, Rhinoplasty, Eyelift,  
 Minifacelift, Medical Skin Care, Botox,  
 Restylane, Juvederm, Asian  
 Blepharoplasty, Asian Rhinoplasty  
[www.restonfacialplastics.com](http://www.restonfacialplastics.com)  
[drdg@restonfacialplastics.com](mailto:drdg@restonfacialplastics.com) 703-787-  
 0199 or 202-828-8383  
 A percentage of fees will be donated to the  
 Smith College Alumnae Fund.



Nancy Simon and MLK student

Looking for something unusual for yourself or for holiday gifts? Rona Copen Eisner '60, Artist, will hold her annual Open Studio beginning Friday, November 29<sup>th</sup> through Sunday, December 1<sup>st</sup>, 2013 from 2-8PM each day. She will be showing her unique designer silver jewelry, photographs, paintings and note cards. – all wonderful for holiday shopping. Her studio is in her home at 7612 Rossdhu Ct., Chevy Chase, MD. For more information, phone her at 301 652 3821 or email her at [reisner11@starpower.net](mailto:reisner11@starpower.net). Her studio can be visited by appointment at other times.

***If you don't know what to do with pecans, here are some recipes for yummy snacks:***

### ***Sweet and Spicy Pecans II***

1 egg white, lightly beaten	1/2 teaspoon salt
1 tablespoon water	1 teaspoon ground cinnamon
3 cups pecan halves	1/2 teaspoon ground cloves
1/2 cup white sugar	1/2 teaspoon ground nutmeg

Preheat oven to 350 degrees F. Line a baking sheet with aluminum foil.

In a small bowl, beat the egg white with the water. Stir in the pecans, mixing until well moistened.

In a small bowl, mix together sugar, salt, cinnamon, cloves and nutmeg. Sprinkle over the moistened nuts. Spread nuts on prepared pan. Bake in preheated oven for 30 minutes, stirring once or twice. Be careful not to overcook and burn the nuts.

### ***Herbed Pecan Snack Mix***

5 c. cereal (any combination of bite-size wheat, rice or corn squares; shredded wheat cereal; round toasted oat cereal; and crispy corn or rice cereal bites)	
1½ c. pretzels or chow mein noodles	
1 cup pecan halves or pieces	1 t. dried thyme (crushed)
1/3 c. butter or regular margarine (melted)	½ t. celery salt
1 T dried parsley flakes	½ t. onion powder

Preheat oven to 325 degrees. Combine cereals, pretzels (or chow mein noodles) and pecans in a 13x9x2" baking pan. In a bowl, stir melted butter (or margarine) and remaining ingredients together. Pour over cereal mixture, tossing gently until well coated. Bake at 325 degrees for 25 minutes, stirring once or twice. Spread in a large shallow pan or on foil to cool before serving.

## Meet the Smithies behind the SCCW partnership with DC Public Schools

This school year marks the 25<sup>th</sup> year that the Smith College Club of Washington has had a partnership with the DC Public Schools. It started in 1989 at Ketcham Elementary School in Anacostia. In 1999 we moved to Martin Luther King, Jr. Elementary School in Congress Heights. For more than 20 of these years Andrea Kane '83 and Nancy Simon, '62 have been involved in leading the programs at these schools. They have worked in concert with approximately 200 dedicated volunteers – Smith alumnae and some honorary Smithies – who have tutored, read aloud, helped in the library, donated supplies, organized field trips, and supported the schools in other ways.

**Andrea Kane** is the senior director of policy at The National Campaign to Prevent Teen and Unplanned Pregnancy, where she is responsible for The National Campaign's public policy program, as well as its growing initiative with community colleges. During her time at The National Campaign, she has also had responsibility for partnerships with a wide range of national, state and local organizations and helped launch the Campaign's work with youth in foster care and with Latino communities. In addition, she was affiliated with the Brookings Institution's Center on Children and Families from 2001 through 2008. Before joining the Campaign in 2001, Andrea served at the White House Domestic Policy Council as a special assistant to President Clinton from 1997 to 2000. Her focus included responsible fatherhood, teenage pregnancy prevention, welfare to work, and related issues. She has worked at the National Governors' Association, and at the state and local level in California, Texas, and Virginia. She studied Government at Smith College, received a BA from Cornell University and an MPA from the LBJ School of Public Affairs at the University of Texas.

Thanks to an invitation from **Reggie Oldak** '73, the original coordinator of the SCCW partnership with Ketcham elementary school, Andrea got involved with the program shortly after moving to D.C. in 1989. Since then, she has served on the SCCW board, coordinated the Read Aloud part of the partnership, and read to classes from pre-K to 5<sup>th</sup> grade.

Following graduation from Smith with a degree in mathematics, **Nancy Simon** received a master's degree in math from the University of Michigan. She then worked for six years as a computer programmer for IBM in Bethesda, MD, working mainly on military contracts during the Cold War of the 1960's. After retiring from IBM in 1969 to raise a family, Nancy took on various volunteer activities. She held numerous PTA positions; she served as an officer of her children's coop nursery school; and she was leader of her daughter's Brownie troop and later Girl Scout Service Unit Registrar.

Nancy began tutoring in 1969 with an early Smith Club program. She joined the current program in 1992 and has been coordinator since 2003. This has involved coordinating tutors, organizing field trips, serving as SCCW's liaison with school administrators, hosting gatherings for SCCW volunteers twice a year, and much more. She also worked closely with **Margaret Greene** '58 in improving the MLK school library. In addition to her volunteerism, Nancy enjoys several concert series, two book groups, playing bridge and her 8 year old granddaughter.

To read more about SCCW's partnership with Ketcham and MLK, click here:

[<http://www.alumniconnections.com/olc/pub/SCG/filemanager/clubs/dcsmithclub/Ketcham-MLK%20History.pdf>].

NOVEMBER 2013

**Dues Form**

**Name:** \_\_\_\_\_ **Class:** \_\_\_\_\_ **Degrees:** \_\_\_\_\_  
**Email:** \_\_\_\_\_ **Fax:** \_\_\_\_\_  
**Daytime phone:** \_\_\_\_\_ **Evening phone:** \_\_\_\_\_

**I would prefer to receive the newsletter via (circle one):** email      postal mail  
Is this new contact information? Yes                      No  
May we share your contact information with other alumnae? Yes                      No  
Can you provide an internship? Yes                      No  
Can you provide affordable housing for an intern? Yes                      No

**July 1, 2013 – June 30, 2014 SCCW Dues Schedule:**

Sustaining -- \$100      Contributing -- \$60                      Regular -- \$40      Associate -- \$20  
(Associate is available to parents of current students, classes '63 and lower, and classes '09 to '13)  
Dues: \$ \_\_\_\_\_

**NEW! Pay your dues online at our website via Paypal - *dcsmithclub.com*.**

Please make check payable to the Smith College Club of Washington and return form with payment to:

**SCCW PO BOX 2305  
Washington, DC 20013-2305**

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