



ALUMNAE ASSOCIATION of SMITH COLLEGE

Cooking from the Source: A Culinary Trip *Exploring Oregon's Farms* July 8 to 11, 2010

Preliminary Itinerary (subject to amendment)

Day 1 – Thursday, July 8

Gateway City

- Arrive in Joseph, Oregon and check in at the B&B.
- Your lodging this evening through Saturday evening is included in the package price

Day 2 – Friday, July 9

- Start the day with breakfast at the B&B (local ingredients featured).
- We launch our trip with a full day natural history tour and excursion to The Nature Conservancy's Zumwalt Prairie Reserve, one of the largest intact prairie ecosystems in North America (and a birder's paradise!). Our naturalist guide will discuss the circumstances that lead to the century-long preservation of the grasslands, familiarize us with the common species and ecological processes of the Zumwalt, show us examples of restoration projects, as well as how domestic animal grazing is still used to actively manage the reserve.
- In the evening we will have a private tour of Terminal Gravity, a local craft brewery. After the tour you may choose to stay for dinner on your own at the brew pub (great outdoor seating) or dine elsewhere.

(B, L)

Day 3 – Saturday, July 10

- Breakfast at the B&B. The offerings feature local eggs and other goodies.
- Begin the day with a hike on the open range with Cory Carman of Carman Ranch, discussing grassland ecology, raising grass-fed beef, and other topics of interest to the group.
- For lunch we stop for Carman Ranch burgers and salads enjoyed outdoors at a scenic spot on the ranch.
- The afternoon is spent with 6th generation rancher Woody Wolfe, hearing the story of how his family's operation has changed over the generations, touring his commercial hay and grain operation, and visiting a wetlands restoration project on the ranch.
- Dinner is on your own this evening. In addition to several dining options a few miles away at Wallowa Lake, there is also a range of dining options within walking distance of the B&B in Joseph.

(B, L)

Day 4 – Sunday, July 11

- Start the day with breakfast at the B&B (local ingredients featured).
- In the morning we visit an organic produce farm that supplies local caterers and restaurants, as well as customers at a farmer's market. We then head off to see a small scale egg and dairy operation that retails locally (butter and cheese sample if we are lucky!).

- The grand finale! This afternoon we gather for our culinary class with a local food writer and cooking instructor who will help us plan and create a feast from the fresh foods we gathered at the farms and ranches we visited during the weekend. After the cooking class, but before dinner, you will have a little free time to nap, stroll Main Street Joseph, bike to the lake or simply sit on the porch at the B&B and enjoy the view.
- This evening we gather for our Locavores' Feast: a chance to savor the flavors of the good food we saw from farm to table and discuss our thoughts on the weekend's adventure. Oregon wines with a Smith connection will be poured with dinner.

(B, L, D)

Included in the Price: Three nights lodging in Joseph, Oregon, three full days of sustainable farm and ranch tours, a chef-led cooking session and fabulous meals (3 breakfasts, 3 lunches and 1 dinner) showcasing local foods. In order to offer a unique value and a distinctive experience to the Smith group, Source Tours will add several upgrades to the regular "Cooking from the Source" itinerary, at no additional cost. First, on Friday we will include a full day natural history tour and excursion to The Nature Conservancy's Zumwalt Prairie Reserve. Second, we will add a Friday evening craft brewery tour (led by a young Smithie who is an assistant brewer). Third, we will pour wines with the Sunday Locavores' dinner (Carabella or Elk Cove, both award winning Oregon wines with a Smith connection).

Extended Stays: For those who would like to extend their trip to the Wallawas, Source Tours is happy to provide references of quality local outfitters offering fly fishing excursions, single or multi day river rafting and float trips, horseback hiking trips to the Eagle Cap Wilderness, and wildlife photography workshops. They can also recommend a well established local company for reserving a lakeside cabin or luxury lodge in the Wallowa Lake area.

Trip Details

Tour Capacity: 6-10 guests

Activity Level: Moderately active (short walks over uneven terrain, days mostly outdoors)

Cost: \$995 per person, based on double occupancy

Single Supplement: \$225 per person

Deposit: \$495 per person, payable by check to Source Tours



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Please reserve _____ space(s). Enclosed is my deposit check of _____ (\$495 per person, made payable to Source Tours).

Passenger Information

Passenger #1

Passenger #2

Street Address

City

State

Zip Code

Daytime Phone

Evening Phone

E-mail Address

Name of Emergency Contact

Phone Number

Please describe any special dietary needs or limitations:

Are there any special considerations we should be aware of?

Accommodation Requests

- I request a double room. I will be rooming with _____.
- We would like a double _____ or twin-bedded _____ room.
- I prefer single accommodations at an additional \$225.

I/we have read and agree to the attached Terms and Conditions:

Signature of Passenger #1

Date

Signature of Passenger #2

Date

*Please mail your registration and deposit to Smith Travel, 33 Elm Street, Northampton, MA 01063
Tel: (800) 225-2029 Fax: (413) 585-2015 E-mail: alumtrav@smith.edu*

Source Tours and the Alumnae Association of Smith College Legal Limitations

Source Tours and the Alumnae Association of Smith College assumes no responsibility, however caused, for injury, loss or damage to person or property in connection with the services we provide. We reserve the right to make reasonable changes in the itinerary where deemed advisable for the comfort of trip members, weather conditions or to maintain the quality of the trip.

Cancellation Policy

Clients who cancel their paid reservations at least 4 weeks before the start date of the trip will receive a complete refund, less a \$50 per person processing fee. Clients who cancel their reservation less than 4 weeks before the start date of their trip will receive a 50% refund or may elect to rebook and apply their full amount paid towards a future Source Tours trip (space permitting).

Liability Release and Assumption of Risk Agreement

I acknowledge that I have voluntarily chosen to participate in the trip referenced on the trip registration form. In so doing, I acknowledge that I may be subjecting myself to dangers and hazards inherent in touring farms, ranches, breweries and participating in culinary classes. In consideration of my being permitted to participate in the trip, I agree to assume all risks of illness, injury or death and agree not to sue and to release from liability and indemnify Source Tours, their owners, officers, agents, contracted tour operators and employees and other persons or entities involved with this trip, from all actions, claims or demands for injury, loss or damage regardless of the cause resulting from my participation in the trip. I understand that Source Tours may contract with independent contractors to provide services on this trip, including lodging, tours of farms, ranches and breweries, as well as cooking classes. I understand and acknowledge that Source Tours has no control over and assumes no responsibility for the actions of any independent contractors involved in providing any services on this trip. I agree the state of Oregon will be the forum for resolution of any dispute related to my participation in this trip. The terms of this agreement shall serve as a release and assumption of risk binding on my heirs, executor, administrator and all members of my family, including any minors accompanying me. I have carefully read the Source Tours trip itinerary and I have familiarized myself with all information provided to me about this trip. I grant Source Tours the absolute right to copyright, re-use, publish and republish by any medium, including electronically, any photos or recording in which I may be included, that may be taken while participating in a Source Tours trip. I understand that it is a release of liability and a contract between me Source Tours and/or its contracted operators. If I am signing on behalf of a minor, in addition to the above, I also agree to release, hold harmless and indemnify the entities named above for any claims of the minor. I agree to be responsible for any medical expenses incurred by the minor. I have carefully read and sign this agreement of my own free will. If any part of this agreement is deemed unenforceable, all other parts shall be given full force and effect.