

Cuba by Land and by Sea

aboard *M.Y Le Ponant*

(January 10-19, 2018)

Detailed Activity Level:

Many of the cities and towns being visited were founded centuries ago, and the terrain is rugged. This travel program involves bumpy drives over roads that are poorly maintained. Expect a fair amount of walking in warm to hot temperatures and high humidity along narrow cobblestone streets, stone floors and uneven and/or slippery surfaces and climbing several flights of stairs (some without railings). Walking excursions often cover distances of at least one mile and are approximately three hours in length. Most stops do not have elevators or wheelchair access. While most hotels and restaurants have air conditioning, not all of the sites visited on our itinerary do. Please be advised that the ship may either dock in port or tender ashore by Zodiac inflatable landing craft during the travel program.

Should you have any further questions or concerns regarding the activity level we encourage you to contact the tour operator, Gohagan at (800) 922-3088.